



UNIVERSITY OF THE PHILIPPINES –
PHILIPPINE GENERAL HOSPITAL
HEALTH SERVICE (UPHS)



Guidelines for Periodic Health Examination of Students
Updated February 2024

Step 1: Secure your PGH Case Number (Blue Card).

Make sure you already have a PGH case number. The previously issued number is permanent and you DO NOT need to request for a new one. For students who have not been issued a case number yet, you may apply by accessing the link or scanning the QR code below.

https://docs.google.com/forms/d/e/1FAIpQLSd3ucVV8F6EoMy07kup0XAIY_Yn-WayyT9VVIFjZL78VZhDcEQ/viewform?vc=0&c=0&w=1&flr=0



To confirm the status of your blue card/ PGH case number, call the PGH OPD Medical Records Division (MRD) at 8554 8400 local 5121 or 5122.

Step 2: Complete the following requirements.

- a. Accomplished UPHS Health Examination Form
- b. Chest X-ray
- c. Anti-Hbs, HbsAg (*for LU3 to LU7 students of CM, PGIs and undergraduate students of CD, CN, CP, CAMP & CPH only. If you were previously recommended to have Hepatitis B vaccine, ensure you have received the dose needed. Include proof of vaccination in the documents to be submitted*)
- d. Varicella IgG (*for LU5, LU6 & LU7 students of CM, Postgraduate Interns/PGIs, and all year levels of CN students only*)
- e. HICU Clearance (*for LU5, LU6 & LU7 students of CM, Postgraduate Interns/PGIs, and all year levels of CN students only. Requirements for HICU clearance must be personally submitted to HICU office 2nd floor PGH main building Monday to Friday except holiday 8:00 am to 12:00 noon only*)
- f. Dental clearance (*for freshmen of all colleges*)

Previous test results may not be readily available at the UPHS. Records will be retrieved from the old UPHS records section hence may not be immediately available upon request. Please be guided by the validity stated below.

- a. Anti-Hbs – 1 year
- b. HbsAg – 1 year
- c. Varicella IgG – no expiry once positive
- d. Chest x-ray – 6 months

Step 3: You may proceed to UPHS for face-to-face health examination **OR** you can have your documents validated by the UPHS on the specified schedule for your college.

Students may proceed to UPHS for face-to-face health examination. Students will be accommodated only on the specified dates assigned to their college. This will be on a first come first served basis. Ensure that the following are available before going to the clinic:

- a. Filled out health examination form
- b. Original and one (1) photocopy of test results
- c. Original and one (1) photocopy of HICU clearance (*if applicable*)

Students may also have their physical examination done by any medical practitioner. **The official UPHS health examination form must be used.** All required information/ results must be reviewed and the form should be appropriately filled and signed by the medical examiner. It is the only form that will be used for validation. HICU clearance must be secured if applicable. Once completed, student may request for validation of documents from UPHS based on the schedule provided by OSA/ their respective colleges via email (hs.uppgh@up.edu.ph) following the format below. Wait for confirmation of schedule.

Email Title: PHEX_College_Family Name (e.g. PHEX_CM_Dela Cruz)
Body of Email: Name of Student (Last Name, First Name, Middle Name)
PGH Case Number
College
Year Level for AY 2024 - 2025
Attachment: Signed health examination form
All test results
HICU clearance (if applicable)

Step 4: Clearance for enrollment

UPHS will notify student once cleared. Names of students cleared for enrollment will be submitted directly to the college.

For inquiries, you may call the UPHS hotline 8554-8400 local 5302.